

Guía Rápida a Recursos para la Comunidad del Condado de Polk

No es un listado que incluye todas las agencias y tampoco incluye todos los servicios que provee cada agencia. Para más información llame a 2-1-1 o 863.648.1515

ABUSO: NIÑOS Y CONJUGES

| | |
|---|---------------------|
| Abuse Hotline | 800-962-2873 |
| Guardian Ad Litem Program..... | 534-4605 |
| Gulf Coast Community Care | 904-3000 |
| Peace River Center Domestic Violence Shelter -Women, Men & Families..... | 413-2700 |

ADOPCIÓN

| | |
|---------------------------------------|--------------|
| Catholic Charities-Lakeland | 686-7153 |
| Winter Haven | 299-7983 |
| Children's Home Society | 413-3126 |
| Florida Baptist Children's Home | 688-4981 |
| Florida Adoption Info Ctr..... | 800-962-3678 |

INFORMACIÓN SOBRE EL SIDA

| | |
|------------------------------------|----------|
| Patient Care Services | 519-8233 |
| Polk County Health Department..... | 413-2620 |

PREVENCIÓN DEL ALCOHOL /DROGAS

| | |
|-----------------------------------|--------------|
| ACTS | 428-1520 |
| Alcoholics Anonymous..... | 687-9275 |
| Al-Anon..... | 687-3800 |
| Toll Free..... | 866-539-3030 |
| Drug Helpline..... | 800-662-4357 |
| InnerAct Alliance..... | 802-0777 |
| Narcotics Anonymous Helpline..... | 683-0630 |
| Peace River Center..... | 248-3311 |
| Talbot House Ministries | 687-8475 |
| Lakeland Grace Academy..... | 647-1944 |
| Tri-County Human Services | 533-4139 |

ASISTENCIA PARA EL CONSUMIDOR

| | |
|--------------------------------|--------------|
| Consumer Services (State)..... | 800-435-7352 |
|--------------------------------|--------------|

INTERVENCIÓN DE CRISIS

| | |
|--|--------------|
| Behavioral Health Division - Access Line..... | 800-723-3248 |
| Peace River Mental Health Crisis..... | 519-3744 |
| Rape Crisis | 413-2707 |
| Tri-County Human Services | 533-4139 |

SERVICIOS PARA EL CUIDO DE NIÑOS

| | |
|---------------------------------------|----------|
| Early Learning Coalition of Polk..... | 577-2450 |
| 800-843-9780 | |
| Head Start..... | 648-3051 |

SERVICIOS DE CONSEJERIA Y SALUD MENTAL

| | |
|---|----------|
| Anchor House Ministries (Boys) | 665-1916 |
| Anchor House Ministries (Boys) | 665-1916 |
| Bethany Center (Good Shepherd) | 968-1707 |
| Behavioral Health Adult Counseling..... | 297-1702 |
| Fla. Division of Blind Services | 499-2385 |

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|--|--------------|
| Catholic Charities-Lakeland | 686-7153 |
| Catholic Charities-Winter Haven..... | 299-7983 |
| Children's Home Society | 413-3126 |
| Florida Epilepsy Services..... | 686-5880 |
| Fl. Diagnostic and Learning Resource..... | 647-4258 |
| Florida Sheriff's Youth Villa..... | 533-0371 |
| Frostproof Care Center..... | 863-635-5555 |
| Help of Fort Meade..... | 285-6600 |
| Lake Wales Care Center..... | 863-676-6678 |
| National Alliance for the Mentally Ill | 450-2943 |
| Neighborhood Service Center..... | 294-5860 |
| Peace River Center Lakeland..... | 248-3300 |
| Polk County Veterans Services | 534-5220 |
| Women's Resource Center Winter Haven..... | 294-5318 |
| Salvation Army - Lakeland | 682-8179 |
| Tri-County Human Services | 533-4139 |
| Winter Haven Hospital Behavioral Health Division..... | 294-7062 |

CLÍNICAS DENTALES

| | |
|---|----------|
| Polk County Health Department Dental Clinics Auburndale..... | 965-6333 |
| Lakeland..... | 413-2636 |

SERVICIOS PARA DISCAPACITADOS

| | |
|---|--------------|
| Achievement Academy, Inc. | 683-6504 |
| Agency for Persons with Disabilities | 413-3360 |
| Alliance for Independence..... | 665-3846 |
| Arthritis Foundation..... | 800-283-7800 |
| Center for Independent Living..... | 413-2722 |
| Central Florida Speech & Hearing..... | 686-3189 |
| Easter Seals Camp Challenge..... | 352-383-4711 |
| Florida Epilepsy Services..... | 686-5880 |
| Florida Diagnostic & Learning Resource..... | 647-4258 |
| Fla. Div. of Blind Services..... | 499-2385 |
| Florida Relay Service (Voice)..... | 800-955-8770 |
| TTY..... | 800-955-8771 |
| Fla. School for the Deaf & Blind | 800-344-3732 |
| Goodwill Industries..... | 701-1351 |
| Gulf Coast Community Care..... | 904-3000 |
| Polk County School Board. - Exceptional Student Ed | 534-0930 |
| Sunrise Community | 680-2817 |
| Tampa Lighthouse for the Blind/Polk..... | 299-3633 |

DISASTRES/PREPARACIÓN PARA EMERGENCIAS

| | |
|--|--------------------|
| American Red Cross | 407-894-4141 x5633 |
| FEMA | 1-800-621-3362 |
| Special Needs Shelter Registration/Info..... | 298-7027 |

RECURSOS PARA LA EDUCACIÓN

| | |
|---|----------|
| Fl. Diagnostic and Learning Resource..... | 647-4258 |
| Learning Resource Center..... | 688-9477 |

REFUGIO DE JOVENES

| | |
|----------------------------------|----------|
| George Harris Youth Shelter..... | 595-0220 |
|----------------------------------|----------|

EMPLEO Y ENTRENAMIENTO PARA EMPLEO

| | |
|--|----------|
| Goodwill Industries/Suncoast Inc. | 701-1351 |
| Experience Works (Seniors) | 967-9631 |
| Career Source Polk..... | 508-1100 |
| Lighthouse for the Blind-Polk..... | 299-3633 |
| Veterans' Services | 683-5627 |
| Vocational Rehabilitation - Lkld..... | 680-5534 |
| - Wtr. Haven | 291-5280 |

RECURSOS DE FAMILIAS

| | |
|---------------------------------------|----------|
| Family Fundamentals..... | 686-1221 |
| Head Start | 648-3051 |
| Peace River Center Home to Stay | 519-0575 |

ASISTENCIA FINANCIERA/ PROGRAMAS DE CONSEJERIA

| | |
|--|--------------|
| Dept. of Children & Families-Access Florida | 866-762-2237 |
| Social Security Administration..... | 800-772-1213 |
| Worker's Compensation..... | 800-342-1741 |

MEDICAMENTOS, ALIMENTOS, y AYUDA FINANCIERA

| | |
|---|--------------|
| Agricultural & Labor Program (ALPI) | 956-3491 |
| Toll Free | 800-330-3491 |
| Catholic Charities - Lakeland | 686-7153 |
| Winter Haven | 299-7983 |
| Church Service Center | 533-5822 |
| Dept of Children & Families - Access Florida (WAGES, Food Stamps, Medicaid) .. | 866-762-2237 |
| Family Emer. Service Ctr. of WH | 294-1939 |
| Frostproof Care Center..... | 863-635-5555 |
| Help of Fort Meade..... | 285-6600 |
| H.O.P.E. Center..... | 683-8182 |
| Lake Wales Care Center..... | 863-676-6678 |
| Lighthouse Ministries | 687-3705 |
| Mulberry Community Service Center | 425-1523 |
| Neighbor to Family | 537-7712 |
| Polk Co. Social Services..... | 534-5387 |
| Salvation Army - Lakeland | 682-8179 |
| Winter Haven..... | 291-5107 |
| Talbot House Ministries | 687-8475 |
| WIC (Women, Infants & Children) | 519-7542 |
| Women's Resource Center | 294-5318 |

SERVICIOS Y EDUCACIÓN DE SALUD

| | |
|---|--------------|
| Achievement Academy, Inc. | 683-6504 |
| American Cancer Society - Lakeland | 688-2326 |
| American Heart Association | 800-242-8721 |
| Amer. Red Cross, Polk Co. Chpt..... | 294-5941 |
| Animal Services | 499-2600 |
| Central Florida Speech & Hearing..... | 686-3189 |
| Central Florida Healthcare - Lakeland | 413-8600 |

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|---|--------------|
| Winter Haven..... | 452-3000 |
| Children's Medical Services..... | 413-3580 |
| | 866-300-6878 |
| Citizen CPR..... | 680-1277 |
| Epilepsy Services of West Central FL..... | 686-5880 |
| Florida Kid Care (Health Insurance)..... | 888-540-5437 |
| Lakeland Volunteers in Medicine | 688-5846 |
| Learning Resource Center..... | 688-9477 |
| March of Dimes | 687-8909 |
| Mosquito Control..... | 534-7377 |
| National Kidney Foundation..... | 800-927-9659 |
| Peace River Wellness Clinic..... | 519-0930 |
| Polk County Health Department Clinics | |
| Auburndale..... | 965-5400 |
| Bartow..... | 519-7916 |
| Haines City..... | 863-421-3204 |
| Lakeland..... | 413-2620 |
| Lake Wales..... | 863-678-4144 |
| Polk County Health Plan | 533-1111 |
| Talbot House Ministries | 687-8475 |
| We Care..... | 701-8070 |

SERVICIOS PARA PERSONAS SIN

HOGAR

| | |
|------------------------------------|----------|
| Lighthouse Ministries..... | 687-3705 |
| Talbot House Ministries..... | 687-8475 |
| Salvation Army – Lakeland..... | 682-8179 |
| Winter Haven (Women&Children)..... | 291-5107 |

SERVICIOS DOMÉSTICOS Y DE

SALUD EN EL HOGAR

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|--|----------|
| Good Shepherd Hospice..... | 297-1880 |
| Cornerstone Hospice..... | 421-1482 |
| Polk County Elderly Services | 534-5320 |
| VISTE (Volunteers in Service to the Elderly) | 284-0828 |

VIVIENDA: PRESTAMOS PARA BAJOS

RECURSOS/ CONSTRUCCIÓN

ASEQUIBLES

| | |
|---|----------|
| Habitat for Humanity Restore Lakeland.. | 688-4660 |
| Habitat for Humanity | 682-3812 |
| Habitat for Humanity - East Polk..... | 292-2256 |
| Keystone Challenge (Loans) | 682-1025 |
| USDA, Rural Development..... | 420-4833 |

VIVIENDA: REFUGIOS DE EMERGENCIA

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|---|----------|
| Lighthouse Ministries | 687-3705 |
| Talbot House Ministries | 687-8475 |
| Salvation Army – Lakeland..... | 682-8179 |
| Winter Haven (Women&Children)..... | 291-5109 |
| Women's Care Ctr. (Women&Children)..... | 534-5822 |

VIVIENDA

| | |
|------------------------|--------------|
| Housing Authority | |
| Bartow..... | 533-6311 |
| Haines City..... | 294-7369 |
| Lake Wales | 863-676-7414 |
| Lakeland..... | 687-2911 |
| Winter Haven..... | 294-7369 |
| Section 8 Housing..... | 534-5240 |
| HUD..... | 813-228-2026 |

VIVIENDA: REHABILITACIÓN

| | |
|---|---------------|
| City of Lakeland - Housing Division | 834-3360 |
| Housing & Neighborhood Developmt..... | 534-5240 |
| Lake Wales Care Center..... | 863-676-6678 |
| USDA, Rural Development..... | 420-4833 |
| Wntr Haven Community Dvlmnt. . | 291-5600x 238 |

VIVIENDA:TRANSICIONAL

| | |
|--|--------------|
| Lake Wales Care Center (Families)..... | 863-676-6678 |
| Salvation Army-Lakeland | 682-8179 |
| Talbot House Ministries | 687-8475 |
| Tri-County Human Services | 299-7003 |
| Women's Care Center (Women & Children)..... | 534-5822 |

SERVICIOS LEGALES

| | |
|--|--------------|
| Dept. of Revenue (Child Support) | 800-622-5437 |
| Florida Rural Legal Services (Civil) | 688-7376 |
| Heart of Florida Legal Aid Society (Divorce)..... | 519-5663 |

SERVICIOS PARA LOS MIGRANTES

| | |
|--|--------------|
| Agricultural & Labor Program (ALPT) | 956-3491 |
| Toll Free | 800-330-3491 |
| Farmworkers Ministry | 967-9583 |
| Immigration Services..... | 800-375-5283 |
| Migrant Education..... | 534-0655 |
| Social Security Administration | 800-772-1213 |

EDUCACIÓN Y APOYO PARA PADRES

| | |
|--|----------|
| Family Fundamentals..... | 686-1221 |
| Health Dept. (Healthy Start)..... | 534-9224 |
| Healthy Families Polk | 534-5257 |
| Peace River Center Family Builders | 248-3311 |

DESARROLLO PERSONAL

| | |
|--------------------------------------|----------|
| American Red Cross-Polk..... | 294-5941 |
| American Red Cross-Polk..... | 294-5941 |
| Big Brothers/Big Sisters | 682-5191 |
| Boys & Girls Clubs of Lakeland | 686-1719 |
| Camp Fire USA Sunshine Council..... | 688-5491 |
| Citrus Center Boys & Girls Club..... | 967-1532 |
| Girls Incorporated - Lakeland..... | 682-3002 |

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|---|--------------|
| Winter Haven | 967-2864 |
| Gulf Ridge Council, Boy Scouts..... | 888-533-2775 |
| Heart of Florida Girl Scout Council | 688-7648 |
| Learning Resource Center..... | 688-9477 |
| Parks and Recreation Dept | 534-0120 |
| Women's Resource Center | |
| Winter Haven | 294-5318 |
| YMCA – Lakeland..... | 644-3528 |
| Lake Wales | 863-676-9441 |

PROGRAMAS DE PRESCRIPCIÓN

| | |
|----------------------------|----------|
| Familywize.org | |
| Freemedicinerevolution.com | |
| Med-Net | 519-2042 |
| Needydems.com | |
| Pparx.org | |
| TogetherRxaccess.com | |

SERVICIOS PARA LOS ANCIANOS

| | |
|---|--------------|
| Alzheimer's Information Line..... | 292-9210 |
| American Assoc. of Retired Persons..... | 866-595-7678 |
| Catholic Charities | |
| Lakeland | 686-7153 |
| Winter Haven | 299-7983 |
| Dept. of Children & Families | 534-7100 |
| Elder Helpline..... | 800-963-5337 |
| Elder Point..... | 682-7249 |
| Faith in Action..... | 686-0009 |
| Lake Morton Senior Center..... | 687-2988 |
| Neighborhood Service Center..... | 294-5860 |
| Polk County Elderly Services..... | 534-5320 |
| Seniors vs. Crime | 577-1672 |
| Volunteers in Service to the Elderly..... | 284-0828 |
| West Central FL Agency on Aging..... | 800-336-2226 |
| West Central Florida YMCA..... | 644-3528 |

TRANSPORTE

| | |
|----------------------------------|----------|
| Citrus Connection | 688-7433 |
| Division of Motor Vehicles | 499-2323 |
| Tag Agency-Bartow | 534-4700 |
| Tag Agency-Lakeland..... | 499-2351 |
| PT Connect (Bus Service)..... | 534-5500 |

PROGRAMAS DE VOLUNTARIADO

| | |
|--|----------|
| Guardian-ad-Litem | 534-4605 |
| Retired Senior Volunteer Program (RSVP)..... | 534-5249 |
| Service Corps of Retired Executives..... | 619-5783 |
| Volunteer Polk | 534-5580 |
| VISTE (Volunteers in Service to the Elderly) | 284-0828 |

Una llamada para encontrar ayuda, ya sea que estés buscando el asesoramiento de la familia, campamentos para niños, o la ayuda para un padre anciano. Los especialistas de referencia de el 2-1-1 son entrenado y le conectará con un programa que le puede ayudar. Marque 2-1-1 o (863) 648-1515.

IR2/22/2016

FIND HELP FAST DIAL 2-1-1

I & REFERRAL

863.648.1515

Toll Free 800.881.UWAY (8929)

TDD 648.1515

www.uwcf.org

