

FAMCD and FALGBTIC Webinar Series Presents:



Fostering Resilience in Gender and Sexual Diverse Youth: Strategies for Counselors

Presented by:
Raul Machuca, PhD, LMHC
&
Justin Maki, PhD, LPC, NCC

Webinar Overview: This webinar will present a model of resilience for gender and sexual diverse youth. Research that has explored resilience for gender and sexual diverse youth will be shared. A discussion of strategies used to foster resilience will occur, and participants will gain an understanding of how a resilience model is applied to this population.

Training Objectives: At the end of this interactive presentation attendees will be able to:

1. Understand a resilience model for gender and sexual diverse youth.
2. Apply strategies specific to fostering resilience for gender and sexual diverse youth.
3. Evaluate the promotion of resilience of gender and sexual diverse youth from an intersectional perspective.

**Date: Wednesday,
June 19th, 2019
Time: 12:00pm-
1:00pm EST**

Cost:

**Free FCA Member
\$12 Non FCA Member
\$25 for 1-hr CEH**

The Florida Board of Clinical Social Work, Marriage and Family and Mental Health Counseling have approved this course under continuing education provider BAP#50-15249 & National Board of Certified Counselors Provider #2010 materials prepared for FCA, PO Box 4474, Deerfield Beach, FL 33442

Dr. Raul Machuca is a counselor educator and supervisor, a Licensed Clinical Mental Health Counselor in Florida, a Board Certified Supervisor for Clinical Mental Health and Family Therapy interns, and a Certified Cognitive Therapist. He is an associate professor at Barry University's CACREP accredited Counseling Programs, and a faculty supervisor in their on-campus training clinic. Dr. Machuca's general research interest and areas of scholarship, service, teaching, supervision and practice include evidenced-based teaching, counseling and supervision, multicultural issues, gender and sexual diversity, and resilience. Dr. Machuca's current research focuses on resilience among gender and sexually diverse individuals. Dr. Machuca serves as the treasurer for the Florida Association of Lesbian, Gay, Bisexual and Transgender Issues in Counseling (FALGBTIC).



Dr. Justin Maki is a graduate of Auburn University in Alabama, where he earned his Ph.D. in Counselor Education and Supervision. He holds a master's degree in Mental Health Counseling with concentrations in eating disorders and alcohol and other drug abuse, as well as a bachelor's degree in Psychology and Spanish, all from the University of Wisconsin-Stout. Dr. Maki has worked in higher education as an academic advisor, career counselor, and educator. His research interests include LGBTQ issues in counseling, emotional intelligence, and career-life balance. Dr. Maki has delivered over 19 presentations in recent years at national, regional, and state conferences primarily related to LGBTQ issues and serves as the Florida Association for Multicultural Counseling and Development's LGBTQ Concerns Chairperson.



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