

FLORIDA COUNSELING ASSOCIATION

74TH ANNUAL CONVENTION



Resilience Amidst the Storm



SAVE THE DATE | SEPTEMBER 28-30, 2023 | TAMPA, FL

DAILY SCHEDULE-AT-A-GLANCE*

**Subject to Change
(Please take note Session PID#s)*

THURSDAY, SEPTEMBER 28, 2023

DESCRIPTION AND TIME

SALON

EDUCATION SESSION FROM 2:00 PM – 5:00 PM

#63 Fostering Resilience with LGBTQ+ Youth and Their Families in a Time of Dueling Social Narratives

Cypress

FCA EXECUTIVE BOARD MEETING FROM 5:30 PM – 7:00 PM

MAGNOLIA

Updated September 28, 2023 | 1:00 p.m. by VL



DAILY SCHEDULE-AT-A-GLANCE*

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FRIDAY, SEPTEMBER 29, 2023

DESCRIPTION AND TIME

SALON

CONCURRENT EDUCATION SESSIONS FROM 8:30 AM – 9:30 AM

#34 Interdisciplinary Approach to Treating Chronic Pelvic Pain and PTSD

A

#18 It's Not You, It's Me: Countertransference in the Counseling Office

C

#30 Rebuilding from Within: Strategies for Building Resilience Post Trauma

G

CONCURRENT EDUCATION SESSIONS FROM 9:45 AM – 10:45 AM

#41 Cultural Capital: Facilitating Resilience in First Generation College Students

A

#55 Building Resilience in Couples by Improving and Maintaining Healthy Communication

B

#01 Sustainable Clinical Practice: Combating Compassion Fatigue

C

#07 Safety from the Shrapnel: Protecting Counselors from the Impact of Vicarious Trauma

G

CONCURRENT EDUCATION SESSIONS FROM 11:00 AM – 12:00 PM

#06 Building Resilience Using a Synthesized, Nonlinear Model of Grief

A

#15 Narrative Therapy Practices for Children/Adolescents Experiencing Trauma

B

#60 Child Therapy 101: Building Rapport, Engaging Children and Their Caregivers

C

#52 "I am Tired of Being Resilient" – Reframing Resilience from a Social Justice Lens

G

LUNCHEON AND FCA AWARDS CEREMONY FROM 12:00 PM – 1:00 PM

D

PLENARY SESSION FROM 1:00 PM – 2:30 PM

#64 Resilience Rocks: Surviving and Thriving After Adversity

D

POSTER SESSIONS FROM 2:45 PM – 3:45 PM

#43 Outcomes from the Implementation of Assertive Community Treatment

FOYER

#32 Moral Injury? Pornography Use and Moral Incongruence

FOYER

#49 The Mental Health Impacts: Parents of Children with Disabilities

FOYER

#38 Emotionally Focused Therapy with Individual Trauma Informed Integration for Couples

FOYER

#16 Helping Midlife Women Grieving Lost Opportunities Using Gestalt Therapy

FOYER

FRIDAY, SEPTEMBER 29, 2023 (CONTINUED)

DESCRIPTION AND TIME

SALON

ROUNDTABLE SESSIONS FROM 2:45 PM – 3:45 PM

- #04 For Fast Acting Relief, Slow Down: An In-Depth Approach to CBT **E**
- #23 Getting Quality Supervision: Supervision Best Practices for Supervisees **E**
- #11 Self-Care for the Healer **E**
- #61 Diversifying Counselors' Experience: Resilience Through International Study Abroad **E**
- #62 Multicultural Creative Expressions and Group Work – Instruments for Healing and Well-Being **E**
- #45 FCDA 2.0: The Future of our FCA Division **E**

PAST PRESIDENTS' MEETING FROM 2:45 PM – 3:45 PM

A

PUBLIC POLICY & LEGISLATIVE ACTION SESSION FROM 2:45 PM – 3:45 PM

B

CONCURRENT EDUCATION SESSIONS FROM 4:00 PM – 5:00 PM

- #51 Avoidance Versus Awareness: The Key to Unlocking Counselor Resiliency **A**
- #03 Resilience for Future Generations: Fostering Resilience in New Parents **B**
- #47 So You Have a Master's Degree. . . . Now What? **C**
- #27 Enhancing Individuals' Resilience in Challenging Times: Counselors-in-Training Experiences **G**

DIVISION MEETINGS FROM 5:15 PM – 6:15 PM

- FACAC** Florida Association for Child and Adolescent Counseling **F**
- FAMCD** Florida Association for Multi-Cultural Counseling and Development **B**
- FACES** Florida Association for Counselor Education and Supervision **C**
- FAMEC** Florida Association of Marriage and Family Counseling **D**
- FASC** Florida Association for School Counselors **D**
- FASERVIC** Florida Association for Spiritual, Ethical and Religious Values in Counseling **A**
- FCDA** Florida Career Development Association **E**
- SAIGE-FL** Society for Sexual, Affectional, Intersex, and Gender Expansive Identities – Florida **G**

2023 SUNSHINE SOCIAL HAPPY HOUR! FROM 6:15 PM – 7:45 PM

F

DAILY SCHEDULE-AT-A-GLANCE*

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CONCURRENT EDUCATION SESSIONS FROM 8:30 AM – 9:30 AM

- #17 Counselor Self-Care: Fact or Fallacy? **A**
- #37 Nurturing Resilience: Building Teen Protective Factors Post-Trauma **B**
- #14 Chronic Pain and Depression: An Interprofessional Approach to Promote Positive Health Outcomes **C**
- #46 Born Resilient: An Approach for Counseling College Students with Neurodivergence **G**

CONCURRENT EDUCATION SESSIONS FROM 9:45 AM – 10:45 AM

- #24 Wellness, a Necessity for All, a Lifeline After ACES **A**
- #31 Role of Counselors in Pharmacological Treatment of Children and Adolescents **B**
- #13 No Forgiveness, No Recovery: Know Forgiveness, Know Recovery **C**
- #56 Support ALL Students: Advocate Beyond the New Florida School Counseling Standards **G**

CONCURRENT EDUCATION SESSIONS FROM 11:00 AM – 12:00 PM

- #05 Resiliency of Children from Marginalized Communities: An Expressive Arts Exchange **A**
- #09 Stay Sexy: Maintaining Intimacy Through Stress and Upheaval **B**
- #58 Grit and Gratitude: Resilience Through Imposter Syndrome **C**
- #57 Working with “Justice Involved” Families **G**

LUNCHEON FROM 12:00 PM – 1:00 PM

D

KEYNOTE SESSION FROM 1:00 PM – 2:30 PM

- #65 Healing the Counseling Profession in the Midst of Oppression **D**

POSTER SESSIONS FROM 2:45 PM – 3:45 PM

- #10 Burnout: Identifying Resilience Barriers in Higher Education Faculty and Staff **Foyer**
- #50 International Students’ Resilience in Higher Education Institutions in the U.S. **Foyer**
- #35 Youth Bullying: Exploring and Building Resilience for Survivors **Foyer**
- #32 Moral Injury? Pornography Use and Moral Incongruence **Foyer**
- #33 A Counseling Approach to Psilocybin-Assisted Psychotherapy (PAP): The Multidimensional Benefits **Foyer**

SATURDAY, SEPTEMBER 30, 2023 (CONTINUED)

DESCRIPTION AND TIME

SALON

ROUNDTABLE SESSIONS FROM 2:45 PM – 3:45 PM

- | | |
|---|----------|
| #42 Providing Compassionate Care to Abortion Care Workers | E |
| #28 Trauma Informed Care for LGBTQ+ Youth | E |
| #26 Implementing the Parental Rights Act Through a School Counselors' Lens | E |
| #21 Super in Superman: Fathers Foster Resilience in Their Children's Lives! | E |
| #25 Using Creativity to Help Clients Gain New Perspectives | E |
| #48 When Worlds Collide:" Helping Culturally Diverse Couples Build Relational Resilience | E |

CONCURRENT EDUCATION SESSIONS FROM 4:00 PM – 5:00 PM

- | | |
|---|----------|
| #54 Advocating for the LGBTQIA+ Community in the Times of Political Upheaval | A |
| #36 Body and Mind "Trauma Resilience" No Matter What Happens | B |
| #59 Prepare and Respond: Crisis Counselors' Resilience and Support | C |

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