



Guidelines

Florida Counseling Association

Spring 2020

FCA President 2019-2021

Careers & Professional Development in Counseling

Inside this issue:

Letter from FCA President 2020-21	1-2
COVID-19: Emotional Isolation	2
COVID-19—FCA Coalition	3
Donald Super, Crisis, and Career Self-Concept	4-5
Message from the FCA Technology Committee	5
10 Goals in 2020—An Exciting Year for the NCDA Credentialing	6-10
Member Spotlight	11
LDI—June 5 & 6	11
UPCOMING EVENT: FCA 71st Convention Call for Proposals	12
UPCOMING EVENT: FCDA 3rd Annual Career Summit	13-14
FACAC—Art Event	15
Self-Advocacy	16
Thank you sponsors!	17-19

Letter From the FCA President



Telehealth. Similarly, some of you are graduate students or counselor educators and supervisors in land-based institutions, adjusting to online-only education, and supporting each other during this difficult time. Those of us who are counselor educators and supervisors in online-only education, we are supporting colleagues and students adjusting to online-only education while helping our fellow colleagues and students cope with their new normal in the face of this global crisis. We all are also managing businesses and/or family responsibilities while learning and adjusting to this new normal with the uncertainty of when it will end and if things will ever go back to the way they were before this crisis started.

Hello FCA Members,

Welcome to Spring! Springtime is my favorite season with all the newness, freshness, colorfulness, and brightness that comes with it! It's a popular time for weddings, proms, concerts, and other exciting events around the world. People are usually outside enjoying the weather and nature. However, this spring, although still beautiful, looks a lot different because of the COVID-19 global pandemic. Everyone is having to readjust their lives, which includes practicing social distancing, increasing personal hygiene habits, finding new ways to connect with family, friends, and colleagues. For those of us who are practicing clinicians and/or supervisors, we are connecting with clients via

All of this could lead to us feeling overwhelmed, stressed, anxious, depressed, irritable, hyper-vigilant, etc. As counselors-in-training, counselors, and counselor educators, we have a huge responsibility to practice and model wellness for those we serve and look to us for guidance on how to navigate life. We care so deeply and juggle many things simultaneously, and unfortunately; our wellness often comes last. We know that practicing self-care is essential and ethical, so we can be our very best while serving others. Most importantly, practicing wellness and self-care is crucial so we can be fully present for ourselves and those we love and care for daily. During these uncertain and stressful times, everyone is doing the very best they can. Therefore,

increasing our levels of compassion and empathy for others and ourselves is more imperative and necessary now!

So, my questions to you for self-reflection are:

- What are you doing to nurture yourself during these challenging times?
- Are you practicing mindfulness?
- Are you being extra kind to yourself and those around you?
- Are you remaining safe and focusing on what is within your control?

There are just some of my thoughts and hopes for each of you. Now that you have read my Spring newsletter greetings and hopefully took some time to reflect on your self-care routine, enjoy the rest

of the newsletter focusing on Careers and Professional Development in counseling.

Please know that you can always reach out to me via email at drlbjfca@gmail.com if I may be of service to you. Thank you for all that you do! Stay well, stay safe, and take care of yourselves!

Letitia Browne-James, PhD, LMHC-S, NCC
FCA President 2019-2021



COVID-19: Emotional Isolation

**John Super, PhD
FALGBTIC President**

Covid-19 propelled us into times most could not have imagined only months earlier. As the virus emerged, society pivoted to continue living individually rather than collectively. This pandemic challenged core beliefs, touched on latent fears and intentionally created distance between people. As a result, those who are often marginalized experienced even greater isolation. Those who identify as transgender may experience a deeper emotional and cognitive reaction to the pandemic. Often those who daily feel different than the majority, experience even greater emotional isolation than others.

For a transgender person they may regularly encounter a lack of acceptance, being misgendered and an even greater need for the security that

community can offer. The pandemic has amplified these emotions experienced with social isolation.

As counselors, how can we help? First being aware and curious about the lives of any marginalized clients. Transgender individuals are sexually assaulted at higher rates and with the increase of IPV and violence during the pandemic, the risk of them being assaulted is greater. Asking trans clients directly about their safety is important both during and after the pandemic. Additionally, trans people are often in precarious employment situations and as the furloughs of the pandemic increase, they may be at greater need for career counseling. It is important as counselors to understand a trans person faces a unique and sometimes hostile work environment and often limited opportunities. As counselors we can help clients assess their skills and aptitudes, then navigate the unique workplace and hiring challenges they may face.

As we settle into this new and evolving society, counselors can listen more intently for the minority stress and trauma experienced by those who are marginalized.

COVID-19 FCA Coalition

Region 1 - Panhandle

Renee Jean Charles -
reneejcharles@gmail.com

Region 2 - Crown

Rachel Henesey -
rkhenesey@gmail.com

Region 3 - East Central

Abigail Ellis -
aellis8283@yahoo.com

Region 4 - West Central

Jermia Smith -
jermia.smith@gmail.com

Region 5 - South

Kimberly Allison -
writekimberly@gmail.com



Greetings students and counselors,

We need your help! Each region representative is creating a database of counselors that can be given out to people in search of counseling services. If you have not sent your information to be listed to your region representative, please take the time to do so.

What we need from you are the following:

- Business Name
- City
- Contact Phone Number
- Contact Email Address
- If you are offering free, reduced, sliding scale, or full price services
- If you are providing service for special areas (ex. domestic violence, first responders, teens, child care workers, etc)

Please see the list on the left with your region representative's name and email address for you to send your information to, and to ask any questions that you may have.

Wishing you all safety and peace,

Your Region Representatives



Donald Super, Crisis, and Career Self-Concept

Caroline Perjessy, PhD
FACES President

Career is developmental and dependent upon our evolving sense of self as we navigate life experiences and changing life roles (Super, 1980). As counselors and counselor educators, we often teach our clients and students that our careers can transition based upon the shifting landscape of our personal and professional growth and development. I often share with my students that my career looked different before children, where I had few boundaries and unlimited time to focus on vocation. My time before children was unencumbered, and that left more room for things outside of work. Once children were a part of the equation, the need to augment how and when work took place was a consideration. Fortunately, I had the luxury and privilege to consider my career in relation to these personal changes in circumstances and to pivot accordingly. Over time, I have come to realize how privileged counselor educators and supervisors are, no matter the circumstances. We have demonstrated, many times, the ability to pivot in our careers, depending on the circumstances of our lives. Donald Super's Life Span, Life-Space career model (1980) offers the framework for how counselor and counselor educators' self-concept shift based upon experience and in the current context, during times of historical crisis.

The ability to pivot, in relation to career, has

been instrumental, especially in times of crisis. The recent COVID-19 pandemic has demonstrated how remarkably adept counselors and counselor educators are at exemplifying Super's phenomenological perspective related to self-concept (1980). As a result of sudden shifts in how we work due to the need for social distancing, remote work, telehealth counseling, etc., our environmental landscapes are changing, augmenting our self-concept. Those who chose to not engage in online counseling or teaching previously were now forced to, despite lack of skills or comfort. In order to maintain employment, it was essential that workers responded to the demands of the environment.

This has created an opportunity for counselors and counselor educators to reconsider how they view themselves, in terms of career. Those who had the fortune and option to respond accordingly, were able to stretch their skill sets, expand their knowledge, and demonstrate perseverance in trying times. As a result, this pandemic, which caused havoc in our world of historical magnitude, has also contributed to the meaning we attribute in our ability to respond and meet the needs of those we serve—our clients and students. Despite the anxiety, stress and overwhelming responsibilities most are undergoing, the shift of how we do our work has demonstrated the profession's ability to overcome amazing obstacles. What comes of this remains to be seen.

Career Self-Concept continued ~

Donald Super did not predict a pandemic in his career model; he did, however, acknowledge the role of the environment on an evolving career self-concept. As clinicians and counselor educators continue to engage in telehealth and online teaching, it will be interesting to see how this modifies the landscape of the field. Some may find their dislike of online counseling and teaching negatively affects their career self-concept and will resume previous work activities as soon as possible; others may be surprised to discover that their new world of work aligns with their interests and skills. Clients and students, on the receiving end, have also discovered their preferences for options they've been provided and will base future decisions on how they've experienced current ones. All of this, the good, bad, and ugly, has demonstrated ways in which Super's model is relevant to the current societal crisis. The meaning we make of it, individually and collectively, will continue to emerge for years to come.

Super, D. E. (1980). A life-span, life-space approach to career development. *Journal of Vocational Behavior*, 16. 282-298. [https://doi.org/10.1016/0001-8791\(80\)90056-1](https://doi.org/10.1016/0001-8791(80)90056-1)

Message from the FCA Technology Committee:

Over a matter of weeks, the way we communicate and work shifted significantly in response to the COVID-19 Global Pandemic. With everything changing practically every day, your Florida Counseling Association President Letitia Browne-James wanted to ensure you had the information, resources, and tools needed to care for yourself, your family, and your clients.

In late March, the FCA Technology Committee created and launched the COVID-19 Resources page on the FCA website: <https://www.flacounseling.org/COVID19/>. This page will be updated regularly as new information and resources are obtained.

Here you will find information about the COVID-19, including:

- ◇ Precautions you should take to protect yourself physically:
- ◇ Symptoms of COVID-19, and what to do you if experience them
- ◇ How to protect your emotional health
- ◇ Links to websites to keep you updated on the most recent developments

We've also included some self-care tips for everyone, including for students and for children. While the impact of this pandemic can hit everyone differently, we can all agree that many will experience unprecedented stress and anxiety. While it is important that we care for those we

look after, it is equally important to practice self-care.

With new resources, webinars, tools, and responses coming out each day, we have created a vast array of links to online websites, recorded webinars, legislative issues and responses, and other helpful resources to assist you with your work or self-care.

FCA's recorded webinars on COVID-19 resources are also available here, as well as information and links to external partners and resources hosting a wide variety of events to inform or support the public.

If you have come across any helpful tools, resources, or websites that you feel should be included on our COVID-19 resource page, please send them to the FCA Technology Committee Chair, Emily Flositz at Emily.Flositz@ucf.edu. Are you interested in joining the FCA Technology Committee? Contact Emily with your information!

Additionally, if you are planning to host an event or webinar and would like FCA's help in promoting it, please log into your member account and visit <https://www.flacounseling.org/FORMS/> to submit an event or mass e-mail request. We are in this together!

10 Goals in 2020—An Exciting Year for the NCDCA Credentialing Commission

John E. Long, Ed.S., BCC, CMCS
FCDA President-Elect (2019-'20)

2020 marks the beginning of the fourth calendar year since the official launch of the *NCDCA Credentialing Commission* (the *Commission*), and therefore, the introduction of the official credentialing program. Bolstered by the goals achieved with the credentialing initiative to date, this program reinforces NCDCA's commitment to support the continued professional growth of professionals in the areas of career development/career services. The certifications offered through the *Commission* mark an evolution for NCDCA, a commitment to provide professionals with true competency based credentials.

Our association has transitioned from an era of offering simple professional designations to the new millennium. This is the age in which credentials born from industry research and standards serve to strengthen the quality of present day education, training and professional practice in our field.

NCDCA and the *Commission* are excited to share the following key accomplishments surrounding the credentialing initiative:

1. Alumni & new graduates of CACREP approved Career Counseling graduate programs, such as the one offered at

Florida State University, can now take advantage of a newly approved fast-track to the **Certified Career Counselor (CCC)** credential. Candidates create their online account and application, upload required information and documentation and bypass the assessment portion of the application.

2. The **Certified School Career Development Advisor (CSCDA)** has completed pilot testing and has officially launched. This certification is built from the work of the *NCDCA Training and Education Council* (TEC) to offer a targeted curriculum and training experience for individuals focusing on career exploration, planning and readiness in the K-12 sector.
3. The credentialing program has migrated to an enhanced digital platform. *Survey Monkey*, our technology partner, has just launched their next generation product, SMAPPLY. In late February, 2020, the *Commission* began accepting and processing credential applications through SMAPPLY, a more streamlined and intuitive platform.
4. The *Commission* has made significant progress in developing and opening alternative pathways for Global entities, such as *Mindler* in India, to qualify to apply for the *Certified Career Services Provider* (CCSP) credential.

5. 2020 marks the year in which individuals who were part of the certification pilot groups and initial credential holders will now renew their credential for an additional three-year term. All individuals who have earned a NCDA credential must complete 30 continuing education contact hours (CECH) in specific career development content. The *Commission* will oversee a random audit of CECH for a percentage of credential holders renewing their certification.
6. This calendar year marks a key period of outreach and engagement for the *Commission*. We have set a critical goal of communicating with career services staff, coordinators, directors, Deans/VPs across the U.S. higher education section to convey the value embedded in a NCDA credential. Career counselors, coaches, advisors and consultants working in higher education are providing critical student services and support. They can enhance their professional profile and underpin the quality of the services they provide when being supported by their department leadership in earning a NCDA credential.
7. The *Commission* will conduct a new round of quality assurance, the second QA process since the launch of the credentialing initiative in 2017. Dr. Marilyn Maze and Dr. Tina Anctil will collaborate with SMAPPLY to retrieve, analyze and report on key indicators of reliable quality measures across all certifications in the credentialing program.
8. The NCDA Board has embarked upon a multi-year strategic plan. The *Commission* will contribute needed data, outcome measures and recommendations in support of this vital strategic planning process.
9. The *Commission*, since its days as an exploratory Presidential task force in 2016, is the result of a long standing spirit of collaboration. This teamwork continues through regular discussions with Dr. Seth Hayden, the NCDA President-Elect and Board liaison to the *Commission*. And our six competency based certifications will be further strengthened through ongoing engagement and communication with NCDA committee Chairs.
10. NCDA and the *Commission* remain extremely grateful to members who agreed to be part of early pilot groups for our six certifications. Their participation allowed the credentialing initiative to become a reality. And we owe a tremendous debt of gratitude to credential holders who have made the commitment to be trained to take on the formal role of *reviewer* for credential applications. In volunteering to serve as a qualified reviewer for the *Commission*, their service has made a significant positive impact on our

association as well as the profile of professionals across the field of career development.

An ongoing question fielded by members of NCDA's Board and *Commission* is the differences between the *Global Career Development Facilitator* (GCDF) credential and a certification earned through the NCDA *Credentialing Commission*, such as the *Certified Career Services Provider* (CCSP). The most concise answer is that the GCDF certification program was built upon NCDA's *Facilitating Career Development* (FCD) curriculum (formerly known as the *Career Development Facilitator* training). Those that completed this training, and had the required education and experience, could then complete an application to be granted the GCDF credential by the *Center for Credentialing and Education, Inc.* (CCE). The GCDF was marketed by NCDA (as a potential outcome of those completing a recognized FCD/CDF training program), yet the GCDF was never a NCDA credential. In launching the CC in January 2017, the NCDA Board felt it was now time for NCDA to offer true competency based credentials backed by the research, ethical guidelines and standards of practice developed and advanced by NCDA.

Make 2020 the year you earn a NCDA credential. Please review the *Commission's* web content and FAQs at www.ncdacredentialing.org. And feel free

to email the *Commission* with any questions surrounding an NCDA credential [Aaron Leson, Director of Credentialing at aleson@ncda.org or John Long, Commission Chair at www.coach@exploretworoads.com].

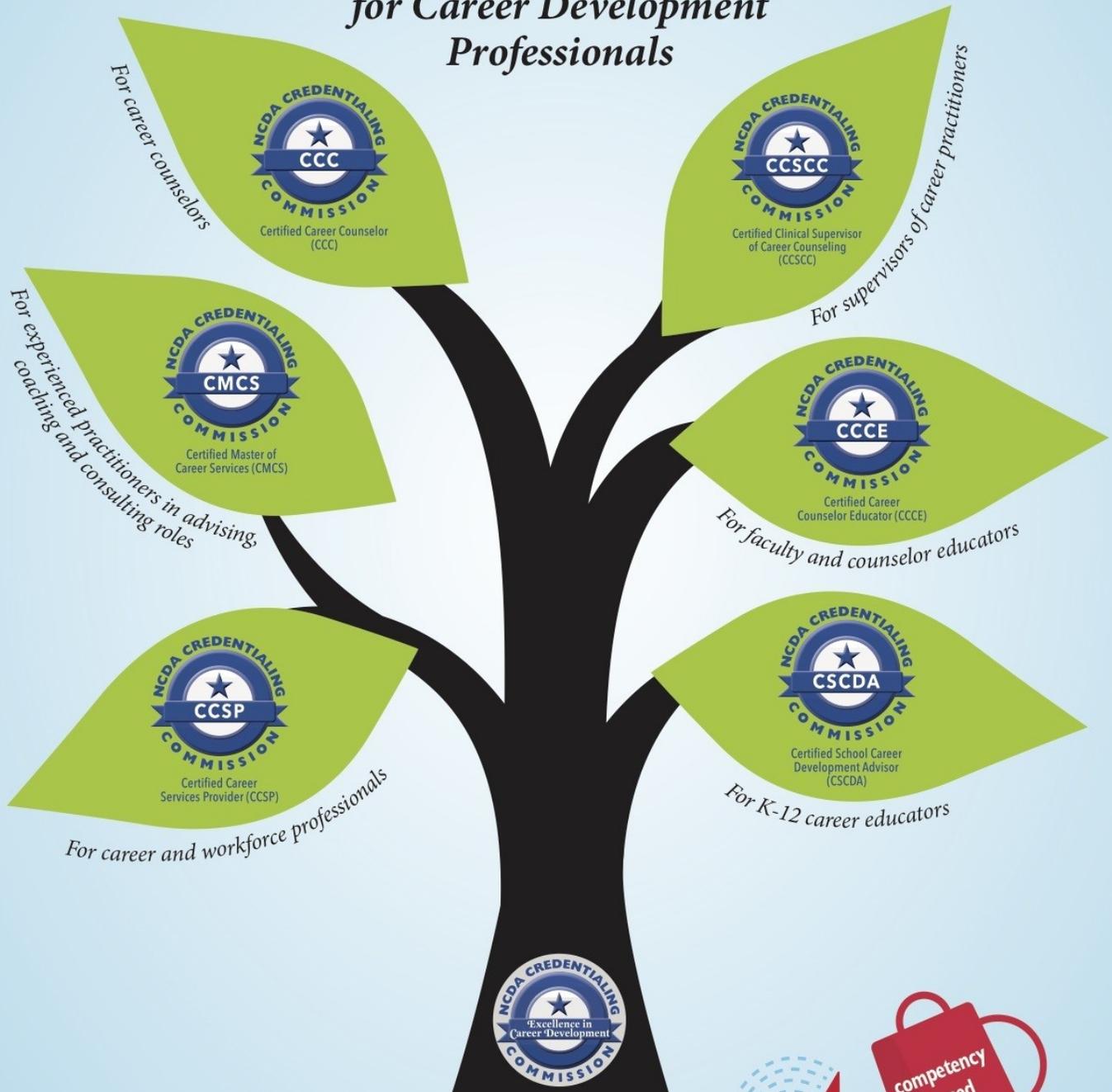


**NEW FCA MAILING
ADDRESS:**

Florida Counseling Association
2750 Taylor Avenue
Suite A-36
Orlando, Florida 32806

Grow as a Professional

Credentialing Opportunities for Career Development Professionals



www.ncdacredentialing.org

**Do
you work
in career development?**

Commitment • Competency • Certification



Make the Commitment

Earn a NCDA credential to boost your chances for jobs, promotions, collaborations, projects, side gigs, contracts, and publications.



Competency is key

Our competency-based credentials validate you as a qualified career development professional. No more imposter syndrome or questioning your value and readiness.



Lead the Way

Professionals awarded a NCDA competency based certification lead the way by offering students and clients services backed by NCDA research, policies and standards of practice.

CHOOSE → APPLY → STUDY → ASSESS → EARN

Choose Choose a credential that fits your professional brand

Apply Apply for your chosen credential and pay the affordable fee

Study Study using our comprehensive guides to prepare yourself for assessment

Assess Prove your command of the competencies in our peer-reviewed, blind assessment process

Earn Earn your credential and use it to enhance your professional brand and career path

What role do you play in the Career Development field?

CCSP Certified Career Services Provider is for career & workforce development professionals. This credential has no educational requirements or minimum years of experience.

CMCS Certified Master of Career Services is for practitioners in advising, coaching, and consulting. This credential requires a minimum of a bachelor's degree in any major and 5-7 years of experience in the field.

CCC Certified Career Counselor is for those who hold masters degrees in counselling or related fields, who have specialized in career development and who provide career counselling services.

CSCDA Certified School Career Development Advisor is for K-12 career educators who work directly with students or who help design and coordinate school & community based efforts.

Do you teach career development to others? Consider our **CCCE** and **CCSCC** credentials for Faculty, Supervisors and Counselor Educators.

There are six branches of credentialing, each with their own paths for boosting professional growth and recognition. Please visit our comprehensive website for exact application requirements, information, webinars, and a community that can support you.



Member Spotlight

The Florida Career Development Association would like to spotlight our unsung hero, Emily Flositz. Along with serving as FCDA's Social Media and Technology Chair Emily is the Assistant Director of Career Development at the University of Central Florida and serves as the Technology Committee Chair for FCA. This year has posed various challenges for the FCA Divisions but Emily has handled the changes and potential obstacles with grace. She has kept our FCDA website and social media page updated, has supported all board members with their webinars, created our fliers and supported our board with several logistics. She has truly been an asset to the FCDA Board and we wanted to let her know how much we appreciate her!

Leadership Development Institute

VIRTUAL | June 5-6, 2020

"Effective and Ethical Leadership in the Counseling Profession"

This year's LDI will be held **VIRTUALLY** on
Friday, June 5 and Saturday, June 6, 2020

Each day will begin at 9:30 a.m. and end around 5:00 p.m

Click here to view the [Program Schedule*](#)

**REGISTRATION FOR THIS EVENT CLOSES ON
THURSDAY, JUNE 4, 2020 AT MIDNIGHT**

**Schedule is tentative and subject to change*

All FCA and
Division
Leaders are
expected to
attend.

Non-FCA
Member—
Professional
Participant —
\$65.00

Non-FCA
Member—
Student Par-
ticipant —
\$35.00

2020 FCA Convention Call for Proposals

Join us for the 71st Annual Florida Counseling Association Convention
 “2020 Vision: Obtaining Ethical Clarity in Counseling”

October 2nd and 3rd, 2020
 USF Embassy Suites

Call Opens: February 28th -- Submission **Deadline Extended: May 15th, 2020, 11:59 pm ET**
 Education Sessions make up the core of the convention presentations

Three Tracks:

Clinical Session: a 90- minute presentation that may include conceptual discussion, experiential component, and/or research symposia surrounding various topics directly related to the counselor (i.e. the clinician, the therapeutic relationship, the counseling session, etc.).

Professional Skill Building Session: 90-minute presentation that primarily focuses on advance training and information on a topic related to counseling field, which should include an experiential instructional component.

Research Session: 90-minute presentation that primarily focuses on more in-depth exploration of a counseling topic or dissemination of research findings directly related to the advancement of the counseling profession.

Choose from Two different formats:

- 90-Minute Educational Session
- 60-Minute Poster Session

PROPOSAL CONTENT

Presentation Title

Program Synopsis A brief description of the presentation content that applies to the convention theme, best practices for counselors and mental health practitioners and relevant and timely to the convention topic areas. Limit description to 50 words. (Will be included in the Convention Program).

Program Description Well-articulated presentation of program content. Include presentation learning outcomes: summary of information, best practice(s), research to be presented; presentation method (panel, lecture, large/small group discussion, demonstration, media); relevance to the convention theme; targeted audience. Limit description to 150 words.

Learning Objectives Include 3 learning objectives.

Research Based References Provide only 3 references supporting your presentation in APA format. *Proposals will not be considered unless they are research/evidence-based topics that have corresponding references.*

Resume/Vita Required for 90 Minute Educational Sessions In order for your proposal to be reviewed, you must submit your resume/vita to conventionFCA@gmail.com. This must be received for your proposal to be reviewed/accepted. (This is required for Continuing Education approval.)

Technical support with electronic submissions is available by contacting the FCA office: fcaof-fice@flacounseling.org.

For general questions regarding the proposal, please contact the 2020 FCA Convention Committee Chairs, conventionFCA@gmail.com

All proposals must be submitted using the online form on the FCA website
<http://www.flacounseling.org>



FCDA 3RD ANNUAL CAREER SUMMIT

*Cultivating TIME for Growth:
Trust | Inclusion | Meaning | Empowerment*

DETAILS



June 11, 2020 9:15am-12:30pm

June 12, 2020 12:45pm-4:00pm



[https://www.flacounseling.org/
event-3824451](https://www.flacounseling.org/event-3824451)

REGISTRATION

TYPE	PRICE
FCDA/NCDA/FCA:	FREE
Non-member, Professional:	\$25.00
Non-member, Student:	\$10.00
Sponsorship:	\$25.00

CEUS

5 CEUs available: \$25.00

Not a member of FCA/FCDA?

Visit us online at

[https://www.flacounseling.org/
MEMBERSHIP](https://www.flacounseling.org/MEMBERSHIP) to get started!

CONTACT

Please contact
Renee Green at

fcaoffice@flacounseling.org

for questions



ABOUT

Join the Florida Career Development Association for our 3rd Annual Career Summit! During this virtual summit, you will learn from leaders in the career development field and connect with career practitioners from around the state.

AGENDA

Thursday, June 11, 2020

9:15am-9:30am	<i>FCDA Welcome</i>
9:30am-10:20am	Placing the Oxygen Mask on Ourselves First: Healthcare Professionals Guide for Preventing Burnout
10:20am-10:30am	<i>Break</i>
10:30am-11:20am	Career Infusion: From Start to Evolution
11:20am-11:30am	<i>Break</i>
11:30am-12:20pm	Time for Change: Empowering Peer Career Advisors in Higher Education
12:20pm-12:30pm	<i>Wrap-up, Announcements</i>

Friday, June 12, 2020

12:45pm-1:00pm	<i>FCDA Welcome</i>
1:00pm-1:50pm	Less Can Be Best! A Minimal Change Model for Igniting Passion and Meaning in Mid-Career and Beyond
1:50pm-2:00pm	<i>Break</i>
2:00pm-2:50pm	MyCareerShines: Helping All Career Planners to Dream Big and Plan Accordingly
2:50pm-3:00pm	<i>Break</i>
3:00pm-3:50pm	Hair We Grow Again! Upward Mobility, Career Compromise & Natural Hair Bias in the Workplace
3:50pm-4:00pm	<i>Wrap-up, Announcements</i>

The Florida Board of Clinical Social Work, Marriage and Family and Mental Health Counseling have approved this course under continuing education provider BAP#50-15249 & National Board of Certified Counselors Provider #2010 materials prepared for FCA, PO Box 4474, Deerfield Beach, FL 33442



FCDA 3RD ANNUAL CAREER SUMMIT

*Cultivating TIME for Growth:
Trust | Inclusion | Meaning | Empowerment*

PRESENTERS

Placing the Oxygen Mask on Ourselves First: Healthcare Professionals Guide for Preventing Burnout

Dr. Daniella Jackson

Jackson's ALL WELLness Services, LLC, Founder, Owner, and CEO

Career Infusion: From Start to Evolution

Dr. Tricia Zelaya-Leon

Director of Career Development, Center for Career and Life Planning - Rollins College

Time for Change: Empowering Peer Career Advisors in Higher Education

Zohra Fazal

Associate Director of Career Development, Rollins College

Tiffany Cheatham

Assistant Director of Career Development, Rollins College

Less Can Be Best! A Minimal Change Model for Igniting Passion and Meaning in Mid-Career and Beyond

Dr. Steve Simon

President & CEO of Human Services Outcomes, Inc.

MyCareerShines: Helping All Career Planners to Dream Big and Plan Accordingly

John Milroy

Vice President of Client Relations

Hair We Grow Again! Upward Mobility, Career Compromise, and Natural Hair Bias in the Workplace

Dr. LaTonya M. Summers

Assistant Professor (Mental Health Counseling) - Jacksonville University

DETAILS



June 11, 2020 9:15am-12:30pm

June 12, 2020 12:45pm-4:00pm



<https://www.flacounseling.org/event-3824451>

REGISTRATION

TYPE	PRICE
FCDA/NCDA/FCA:	FREE
Non-member, Professional:	\$25.00
Non-member, Student:	\$10.00
Sponsorship:	\$25.00

CEUS

5 CEUs available: \$25.00

Not a member of FCA/FCDA?

Visit us online at

<https://www.flacounseling.org/MEMBERSHIP> to get started!

CONTACT

Please contact

Renee Green at

fcaoffice@flacounseling.org
for questions



The Florida Board of Clinical Social Work, Marriage and Family and Mental Health Counseling have approved this course under continuing education provider BAP#50-15249 & National Board of Certified Counselors Provider #2010 materials prepared for FCA, PO Box 4474, Deerfield Beach, FL 33442

FACAC VIRTUAL ART EVENT

MAY 23 / 3-4 PM

ARE YOUR KIDDOS STUCK AT HOME WITH NOTHING TO DO AND AMPLE TIME ON THEIR HANDS? WE ALL KNOW HOW STRESSFUL HOMESCHOOLING CAN BE WHILE TRYING TO CONTINUE WORKING DURING THIS CHALLENGING TIME.



FACAC BOARD MEMBERS WILL BE HOSTING A FOLLOW-ALONG ART EVENT SO YOUR KIDDOS CAN EXPRESS THEMSELVES IN FUN AND CREATIVE WAYS.



MORE INFORMATION TO COME.

-FACAC BOARD



Florida Association For Multi-Cultural
Counseling and Development (FAMCD)
A Division of Florida Counselors Association

Self-Advocacy Strategies Amongst Transition Age Youth

Wednesday, May 13, 2020

6:00 p.m. – 7:00 p.m.

<https://www.flacounseling.org/event-3799379>

Webinar Overview: According to the Workforce Innovation and Opportunity Act, transition age youth comprise of individuals between the ages of 14-24 who face barriers to education, training, and employment. This webinar will focus on multicultural diverse populations of transition age youth and the self-advocacy strategies they often neglect to employ to improve their outcomes.

Training Objectives:

- To increase attendees' knowledge of self-advocacy strategies within transition aged youth.
- To increase awareness of specific interventions relevant to the intersection of disability status and race/ethnicity
- To identify opportunities to help transition age youth use of self-advocacy skills

Alexis Duggan, M.S., CRC currently works as a Student Disability Case Manager at Texas A&M University-Commerce. She is a Certified Rehabilitation Counselor (CRC) who recently received her Master's degree in Counselor Education with a focus in vocational rehabilitation and clinical mental health counseling. Alexis worked as a Special Education teacher for five years and has the goal of helping adults and adolescents with disabilities gain independent living resources and reach their career aspirations. It is her passion to serve individuals with disabilities and assist them in living their best life.

Michell Temple, Ed.D., CRC, LPC/MHSP, NCC is the current president of the National Association of Multicultural Rehabilitation Concerns (NAMRC), a division of the National Rehabilitation Association (NRA). She holds a Masters in Rehabilitation Counseling and a doctoral degree in Professional Counseling and Supervision. She is a doctoral candidate at Regent University, and is a Certified Rehabilitation Counselor (CRC), a Nationally Certified Counselor (NCC), and a Certified Professional Counselor Supervisor (LPC). She is also licensed as a professional counselor in the state of Georgia and a professional counselor with Mental Health Service Provider designation in Tennessee. She currently serves as the Mental Health Counselor and ADA Coordinator at Tusculum University.

Free for FCA, ARCA, NCRE, & NAMRC Members, \$12 Non-Members
For CRCC credit info, email: arcaoffice@arcaweb.org



SAVE THE DATE

71ST ANNUAL FLORIDA COUNSELING ASSOCIATION CONVENTION

2020 Vision: Obtaining Ethical Clarity in Counseling



10.02.2020-10.03.2020 | USF Embassy Suites | Tampa, FL

Pre-Conference sessions on 10.01.2020

NSU

Florida

NOVA SOUTHEASTERN
UNIVERSITY

CPH

& ASSOCIATES

Leading Provider of Malpractice Insurance for mental health professionals



Why CPH & Associates?

- Online application with discounts available
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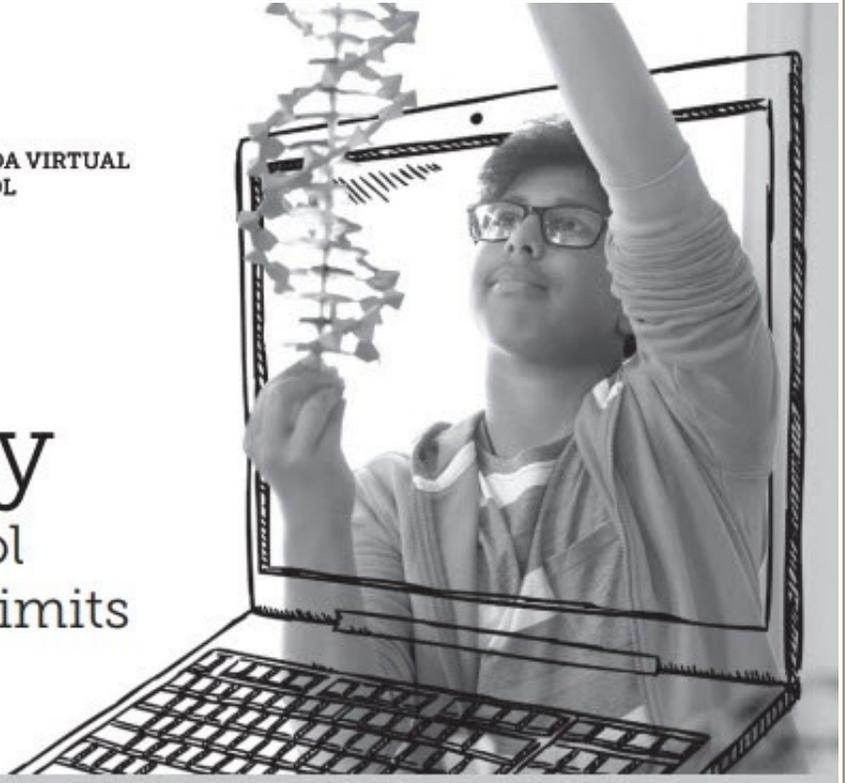
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