

# FACES NEWSLETTER

FLORIDA ASSOCIATION FOR COUNSELOR EDUCATION  
AND SUPERVISION

## SPECIAL POINTS OF INTEREST:

- From the FACES president
- Florida's licensing boards' response to COVID
- A few words from incoming President
- New Leadership

## FROM THE FACES PRESIDENT

In March, our world was for ever changed by the COVID 19 pandemic. More recently, social unrest and demonstrations related to racism further revealed areas of growth for us, as a nation. None of us could have imagined the pain and tragedy our country and world would face together. We have all been changed, in significant ways. Our profession has demonstrated compassion and a commitment to end social injustices in a myriad of ways and FACES is proud to be a part of this movement, adding their voice.

In response to COVID, we pivoted towards teaching and doing counseling online, some with more apprehension than others. Nonetheless, we demonstrated the ability to meet the needs of our clients, students, and supervisees in remarkable ways. While this time was incredibly stressful and worrisome, I am proud of counselor educators, supervisors, and clinicians for stepping up and making the necessary adjustments to continue working and serving their clients and students. Dr. Christina McGrath Fair, one of our Emerging Leaders, writes about some of the changes the Florida licensing board made in response to the pandemic. FACES also sponsored a telehealth webinar to help train those who needed quick information to maintain ethical practice. As a profess



**Dr. Caroline Perjessy**

**FACES President**

sion, we have demonstrated strong resolve, perseverance, and the ability to problem solve in a crisis situation- no small feat.

Endings are often bittersweet, and my term as FACES President is no exception. What an incredible year we had! One of this year's highlights was the Emerging Leader program. This was FACES' inaugural year for the Emerging Leader program, in which we had 3 amazing leaders in training who assisted in making our division stronger by furthering our social media presence, engaging in research related to the Qualified Supervisor Training, and offering their insights through their newsletter submissions. We are thankful to have been part of their leadership training and hope they will remain engaged with FACES/ACES and FCA in the future. We wish Christina, Lourdes, and Jan the very best as they continue on their leadership

journeys. Additionally, I'd like to express my gratitude to Leo Balseiro, graduate student representative, who served as the Emerging Leaders peer mentor. Leo demonstrated thoughtful intentionality in his role, always striving to maintain professionalism, supporting and encouraging the EL's. Thank you, all, for making FACES the strong division that it is. This year marks the end of Elizabeth Manzano's term as Secretary, and Elissa Chakoff as Member at Large. Our treasures, Michele Pinellas, has done exemplary work for FACES and will continue into her 2nd year. Thank you, both, for your service to FACES!

I am proud to be a counselor educator and have found my year has FACES' President meaningful and dynamic. I was surrounded by a great Executive Board who always supported the mission of FACES. Together, we worked together and showed that the possibilities are limitless. Thank you for giving me the opportunity to serve.

I wish you and yours health, happiness, and the vision to recognize how fleeting our time together is. Make the most of it.

Best wishes,  
Caroline

## Florida's Temporary Changes for Registered Interns and Supervision

**Dr. Christina McGrath Fair,  
LMHC**

**FACES Emerging Leader 2019-  
2020**



The Florida Board of Clinical Social Work, Marriage & Family Therapy and Mental Health Counseling is responsible for creating, maintaining, and upholding the laws and rules that govern licensing and practice in our profession across our state ("Home", n.d.). In times of crisis, the board may adapt current provisions to remove barriers and access to treatment, as needed. Currently, with the Corona Virus pandemic, counselors and counselors-in-training have been making the move to telehealth in order to continue to meet the or future clients.

As the Florida rules stand, registered interns are not to engage in telehealth appointments to satisfy their hour requirements for licensure ("Division: 64b4", n.d.). Supervisors are to be on site when registered interns are seeing clients. Further, supervision sessions are to take place, primarily, in an in-person format. These restrictions create a barrier, however, for registered interns to continue to practice and complete hour requirements in light of social distancing practices and desire for safety from the Corona Virus.

In the past month, the Florida board made several temporary changes to the in-person requirements for licensure hours and supervision to meet the ongoing and increased need for mental health services ("Mental Health by Telehealth", 2020). The emergency rule 64B4ER20-24 (2020) allows registered interns to provide telehealth services for the next 90 days as long as the following requirements are fulfilled: they continue in supervision under a qualified supervisor and they have a written protocol and safety plan in place which includes the provision that the qualified supervisor is readily available during the electronic therapy session. This emergency rule also allows face-to-face electronic methods to be used for all supervision sessions for internship hours. The full emergency rule can be found here: <https://floridasmentalhealthprofessions.gov/pdfs/emergency-rule64.pdf>

Here are some tips for navigating these changes and maintaining the safety of both clients and profession-als:

Supervisors should renegotiate contracts and expectations of the supervisory relationship with each of their supervisees regarding availability and communication

Supervisors should assist supervisees in creating their written protocol and safety plan.

Supervisors and supervisees should stay informed of changes and updates to the emergency rule.

Supervisors and supervisees should increase their knowledge on providing telehealth.

Supervisees should maintain constant communication with supervisors about changes in the protocol or plan and any changes in their client schedule.

Supervisees should create safety plan and protocols for technology failures with each client.

### References

Division: 64b4. (n.d.). from the Florida Administrative Code & Florida Administrative Register retrieved May 15, 2020 from <https://www.flrules.org/gateway/Division.asp?DivID=327>

Home. (n.d.). from the Florida Board of Clinical Social Work, Marriage & Family Therapy and Mental Health Counseling retrieved May 15, 2020 from <https://floridasmentalhealthprofessions.gov/>

Mental Health by Telehealth. (2020). From the Florida Board of Clinical Social Work, Marriage & Family Therapy and Mental Health Counseling retrieved May 15, 2020 from <https://floridasmentalhealthprofessions.gov/latest-news/mental-health-by-telehealth/>

## **A few words from incoming FACES President, Raul Machuca**

I am very excited about the opportunity to serve as the upcoming President of the Florida Association for Counselor Education and Supervision (FACES). I am an Associate Professor of Counseling at Barry University. I currently serve as the Program Director for our Doctorate Program in Counseling. I am also the Program Director for our Master of Science in Counseling degree in The Bahamas. I have a very strong professional identity as a counselor, counselor educator, and supervisor.

I practice a transformational style of leadership. As such, I seek and support opportunities for growth both as a professional organization, as well as for each and every one of its members. I am very structured and organized and tend to function based on optimism and creativity. I love to work with people who think outside the box and who are willing to put on the work needed to implement their innovative ideas.

1. To increase the level of visibility of the Florida Association for Counselor Education and Supervision.
2. To strengthen collaboration with other branches of the Florida Counseling Association.
3. To enhance the inclusion of the Latinx, Hispanic, and bilingual communities of counselor educators and supervisors.
4. To promote the use of technology in counselor education and supervision



**FACES is accepting webinar proposals related to counselor education and supervision**

**If interested, please submit a proposal with the following information to Caroline Perjessy @ [cperjessy@nl.edu](mailto:cperjessy@nl.edu)**

- 1. Title of webinar**
- 2. Length of webinar**
- 3 . Brief description of webinar**
- 4 . Webinar Host Bio with credentials/license, experience and expertise in topic**
- 5 . Learning Objectives**

# Voting is in and the individuals below will be serving on the FACES 2020-2021 Executive Board



**President-Elect Lourdes Araujo** Ed.D. Student-Counselor Education  
and Supervision (National Louis University; CMHC Registered Intern



**Secretary, Nicole Kratimenos** EdD Student-Counselor education and Supervision  
(National Louis University) Licensed Mental Health Counselor



**Graduate Representative, Jordan Mike**  
Ph.D. Student-Counselor Education and Supervision (University of Florida)



**Member-At-Large, Karla Sapp**  
EdD Counselor Education

Caroline Perjessy, Ph.D.  
FACES President  
National Louis University  
Tampa, FL  
E. cperjessy@nl.edu

**Officers:**

**President: Caroline Perjessy**

**Past—President: Eric Davis**

**President Elect: Raul**

**Machuca**

**Secretary: Elizabeth**

**Manzano**

**Treasurer: Michele Pinellas**

**Graduate Student**

**Representative: Leo Balserio**

**Member at Large: Elissa**

**Chakoff**

**The Florida Association for Counselor Education and Supervision (FACES) is a division of FCA (Florida Counseling Association).**

The Florida Association of Counselor Education & Supervision (FACES) is a division of the Florida Counseling Association (FCA) for professional counselors who engage in professional counseling teaching and research (a.k.a. "counselor education") and/or clinical supervision. FACES provides counselor educators and clinical supervisors' opportunities to network, to participate in professional development activities, to publish, to take Leadership roles and to socialize! More specifically, FACES' purpose is; To advance counselor education and clinical supervision, in accordance with the purpose of the FCA, in order to improve counseling and student development services in all settings of society To address and promote in the State of Florida awareness, interests ,issues, and concerns of: - professional counselors who serve as counselor educators in institutions of higher learning; - professional counselors who engaged in performing the Clinical Supervision duties of (a clinical supervisor of) professional counselors; - professional counseling graduate students preparing to become counselor educators and/or clinical supervisors.

***Are you trying to find a way to get more involved in FACES?*** What about mentoring a student by helping them

To get published? Think about submitting an article for the FACES newsletter. We would love your involvement!

Here are some simple tips to help you create an article for our newsletter:

1. It needs to be focused on topics related to counselor education and supervision or an editorial.
2. If you are a student, have one of your faculty members review your work prior to submitting.
3. Take a look at previous editions of the newsletter located at the FACES website to get a feel for the writing style.
4. Keep it between 500 and 800 words.
5. Attach a picture of you in .jpg, .tif, or .gif format.
6. Email submissions to cperjessy@nl.edu

**Please LIKE our  
Facebook page !!!**

[https://  
www.facebook.com/](https://www.facebook.com/)